

Rethink water use in the...

KITCHEN

Water is a precious resource. We're encouraging our customers to rethink their water use with these simple tips.



- Washing vegetables? **Save water by using a bowl filled with water** to wash them.
- Washing the dishes? If using double sinks, **plug one side and fill it with water** to rinse plates.
- Want a cold glass of water? Keep a **jug filled in the fridge**, rather than running a tap and waiting for the cold water to come out.
- Using the dishwasher? A single wash takes between 40-80 litres of water. **Select the economy setting** or wait until you have a full load.
- If you drop some ice on the floor, don't throw it into the sink. **Give it to your house plants.**
- Instead of using running water to defrost frozen food, **use the defrost settings on your microwave** or plan ahead and let the food thaw overnight in the refrigerator.
- If you are **running water until it heats up**, don't waste it. Use it to **fill your kettle, ice trays and water dispensers.**
- **Choose the correct sized pot for cooking**, larger pots require more water which may be unnecessary.
- **Install tap aerators.** Aerators mix air with water, cutting water flow without reducing water pressure. They are inexpensive and easy to install. Buy them from a plumbing or hardware shop.

